Our Next Step in Saving Both Ends of the Leash®

PLUS:
ARF Responds to California Wildfires
AND Annual Report
**VOLUNTEER SPOTLIGHT:** Carol Ross

Carol Ross has always been devoted to volunteering and giving back to her community, focusing primarily on assistance programs for older folks in need. But after her husband passed away, her co-worker encouraged her to sign up for a volunteer orientation at ARF. “Being able to contribute in small ways that relate to your experience and talent is fun and valuable,” said Carol. “It’s always fun to try something different.”

Now, 10 years later, Carol is being recognized as ARF’s 2020 Volunteer Community Leader. “I have always loved having dogs and cats as a part of my life. Unfortunately, I’m not able to have a dog or cat in my current environment,” explained Carol. “So ARF is giving me the fix of being around dogs and cats and the love and joy they provide.”

Carol loves to share her enthusiasm about ARF. She was selected for the Volunteer Community Leader Award for her work enlarging the circle of ARF’s friends and supporters by making introductions with her own network. Carol also connects with others through her numerous public-facing volunteer roles.

“You get back so much more than you give when you volunteer. It has enriched my life to know that I have been one small element of the animals’ success in becoming healthy, happy pets. And that goes back to helping people as well,” said Carol. “I take pride in telling people I volunteer at ARF. And if you’ve got the time – you can enrich your life, others’ lives, and the lives of dogs and cats.”

**ARF’S HOLIDAY WISH LIST**

Until every pet has a home for the holidays, you can support animals by gifting supplies ARF needs. Donations may be shipped directly to ARF’s headquarters at 2890 Mitchell Drive, Walnut Creek, CA 94598.

As a bonus, set Tony La Russa’s Animal Rescue Foundation as your AmazonSmile charity and 0.5% of your purchase is donated to ARF. Located near a Pet Food Express? Shop online for local delivery or pick-up using the link arflife.org/help/pfe and 4% of your total purchase goes to ARF!

View items we need at arflife.org/help/wish-list.

For updates on the date, tickets, and performers: arflife.org/arf-events

**FROM THE EXECUTIVE DIRECTOR**

With the end of 2020 in view, I think it’s safe to say we’re all ready for the New Year.

A global pandemic, record-breaking natural disasters, and an election cycle unlike any other have taken their toll on all of us. It’s easy to lose sight of all the positive work happening around us every day.

But two things have gotten us through this unprecedented time: the unconditional love of the animals in our lives, and you!

As William Arthur Ward said, “Feeling gratitude and not expressing it is like wrapping a present and not giving it.”

So this holiday season, we want to express our gratitude for the lifesaving work we’re able to do and supporters like you who make it possible.

There has never been a time when the benefits of the human-animal bond have been so prevalent. As many people’s lives change dramatically and stress continues to weigh heavily on families, the comforting presence of a pet makes a huge difference. Even as we transitioned to a safe, socially-distanced virtual adoption process, adoption inquiries and applications soared. One litter of eight puppies received 900 applications in just two days! During times of great anxiety and isolation, the unconditional love and companionship of a pet has brought a welcome solace. And, there is no shortage of animals in need who are eager to take on those roles!

But even within the joy of these new families created, we anticipate sustained medical and financial hardships may soon result in overcrowded public animal shelters, as people are forced to downsize or become housing or food unstable. This is consistent with other economic downturns we’ve endured in our almost 30 years of operation, when we’ve seen increases in animal surrender and abandonment. It is a tragic situation, but one our experience prepared us to face. Thanks to you and ARF’s assistance programs, fewer families will face the heartbreaking decision to surrender a beloved pet during this crisis.

This has been a year like no other, but we remain grateful and humbled by your support. Thanks to you, we’re ready for whatever 2021 brings as we fulfill our mission of People Rescuing Animals … Animals Rescuing People®.

With gratitude,

Elena Bicker, Executive Director
During the pandemic, Koda, a 2-year-old pit bull terrier mix, was surrendered to a municipal shelter by his family. His world was turned upside down. Like so many other animals who experience the pain of losing their family, Koda was scared and apprehensive. But his life has new meaning now, all thanks to you.

ARF’s Pets and Vets rescue team saw potential in him. Once he arrived at ARF, Koda overcame his bashfulness to show his charming personality underneath. He is now quick to trust, and even quicker to snuggle!

Koda was matched with his veteran, Brandon, in May. “Koda has been an amazing addition into my life. I never thought I’d get so much joy having [him]!” said Brandon. “I never knew the comfort and love a dog can bring into your life. From his soft face licks to wake me up to him curling up next to me with his head on my leg, he’s been an awesome companion. I can’t wait to see what’s in store for us over the years.”

Brandon and Koda continue their journey to service dog graduation. In just three years, Pets and Vets has transformed 54 rescue dogs into skilled, psychiatric service dogs for veterans readjusting to civilian life.

ARF’s commitment to saving lives just got stronger! As our magazine goes to press, the final touches are being completed on ARF’s new 7,893 square foot Pets and Vets Center and 4,917 square feet of additional animal care space. These new spaces include 30 new dog runs, a new grooming room, private veterinary exam rooms, all-weather exercise fields, additional program offices, and more.

An unexpected bonus? The additional space offers staff greater flexibility as they continue work within social-distancing protocols. “Throughout a truly unpredictable and emotionally challenging year, it’s been incredible to look out and see ARF’s lifesaving future literally being built before our eyes,” says Executive Director Elena Bicker. “It reminds us every day that life will once again return to normal and of the incredible opportunity we have to make a difference thanks to so many who believe in our mission of People Rescuing Animals ... Animals Rescuing People.”

“Koda’s Journey from Shelter to Service”

“‘It’s been incredible to look out and see ARF’s lifesaving future literally being built before our eyes.’

Elena Bicker, ARF Executive Director

“arf”

Maddie’s Fund

Tony La Russa’s Animal Rescue Foundation is a proud recipient of funding from Maddie’s Fund®, a national family foundation established by Dave and Cheryl Duffield to revolutionize the status and well-being of companion animals.

#ThanksToMaddie

“From food to litter, we’re proud to support the pets of Tony La Russa’s Animal Rescue Foundation”

“arf”

From food to litter, we’re proud to support the pets of Tony La Russa’s Animal Rescue Foundation.
If the past few years have taught us anything, it's that every family should have a plan for when disaster strikes. One of the most important things you can do to help ensure the safety of your pets during times of crisis is keeping a pet go-bag in your home or car. In case you are forced to leave at a moment's notice, here are a few items ARF recommends you keep in your bag:

**BE PREPARED — KEEP A PET GO-BAG**

- 3 days' worth of dry or canned food
- Extra leash, harness, and collar
- Any medication
- First-aid kit
  - Self-cling bandages
  - Gauze & medical tape
  - Antiseptic wipes/powder/spray
  - Hydrogen peroxide
  - Scissors & tweezers
- 2 collapsible bowls for food and water
- Important paperwork
  - Proof of vaccinations
  - Health history
  - Proof of ownership
  - Photo of pet (in case you get separated)
- Comfort items
  - Toys
  - Blanket/bed/bedding
  - Favorite treats
- Flashlight with charged batteries

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**LUAU LOOKS AHEAD**

One of the cats ARF rescued from a shelter near the fire evacuation line was Luau, a terrified tabby with major damage to his right eye. Our veterinary clinic quickly discovered the eye needed to be removed entirely. Within three days of arrival, Luau was on the operating table for an eye enucleation.

In recovery, Luau came out of his shell. Once shying from every touch, this 5-year-old cat now happily seeks affection, and even found his purr! Luau has emerged happier (and more handsome) than ever.

Animals with advanced medical needs are often the last to find homes. Amidst a disaster, their situations can grow more desperate. Thanks to you, ARF steps in to save dogs and cats like Luau, both in and out of emergency situations.

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**THREE’S COMPANY**

When ARF’s intake team made a trip up to a shelter near Northern California’s Bear Fire in September, they met three young German Shepherd mix sisters in rough shape. At just under 18 months old, Penny, Lady, and Fifi were skinny, scared, and undersocialized. Fifi was so shut down, she wouldn’t even walk to the rescue vehicle — she had to be carried.

But once they arrived at ARF they began coming out of their shells more and more. Penny’s goofy side was revealed, Fifi’s love of cheese was discovered, and it turns out Lady is an all-star cuddler! Before long, the trio were swiftly adopted and are now members of happy, new families.

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**ARF RESPONDS TO CALIFORNIA WILDFIRES**

Summer returned the danger of wildfires to the West Coast, and ARF was busier than ever evacuating shelter animals in the paths of California’s fires. In 2020, California saw five of the top 20 largest wildfires in recorded state history.

“The dangers of fires this year were amplified due to the pandemic; having catastrophic effects for these communities,” said Elena Bicker, ARF’s executive director. Already affected by reduced staffing and volunteer levels due to COVID-19, emergency situations can quickly tax animal shelters. “Previous natural disasters, including fires, have also left shelters or rescues without electricity for several days.”

Taking shelter animals back to the Bay Area made room for lost or evacuated family pets in affected areas, allowing for faster reunification with families and flexibility for those who must utilize temporary housing. It also gave shelter animals an expedited path to adoption outside of the disaster zones.

“Our goal was to find these 61 homeless dogs and cats loving families in the Bay Area,” Bicker said. ARF continues to find homes for dogs and cats through a safe, virtual adoption process. View adoptable pets and learn more about our adoption process at arflife.org.

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Elena Bicker, ARF Executive Director
IMPACTING ARF FOREVER

ARF is honored to recognize the following visionaries for their life-changing commitment to our mission as Circle of Compassion members. Your legacy of love for animals will continue to save lives, both people and animals, for years to come. To join ARF’s Circle of Compassion, please include ARF in your estate plans and let us know by contacting Erin Jones, Leadership and Legacy Giving Manager, at (925) 295-3146 or LegacyGiving@arflife.org. For more estate planning information, please visit arflegacy.org. Thank you for your enduring generosity!

CIRCLE OF COMPASSION MEMBERS

Anonymous (4)  
Carol Sakai  
K. Garrison  

Brenda de la Ossa  
Lylia DeVita  
Carolynne Born  
Carole Nacon  
Barry E. Scheffler  

Brenda de la Ossa  
Lila Murray  
Carolynne Born  
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Additionally, ARF would like to send our regards to the family of Ruth Trombetta, longtime ARF accounting coordinator, who passed away in July. Ruth was a beloved team member who contributed to saving countless lives over her 17 years with the organization. Her smile was a daily blessing and her impact at ARF will be felt for years to come.

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FROM THE ANNUAL REPORT: 2019-2020 FISCAL YEAR STATS

At ARF, we pride ourselves on being good stewards of your donations and maximizing our impact. ARF has earned the highest possible rating — four stars — from Charity Navigator for 13 consecutive years, a milestone reached by only 1% of charities. Plus, 86¢ of every dollar goes directly to ARF’s lifesaving programs. View the full annual report at arflife.org/financials.

Only one percent of charities have received 13 consecutive four-star evaluations, indicating ARF outperforms most other charities in America.”
Michael Thatcher, Charity Navigator

1,886 cats and dogs rescued
3,334 cats and dogs spayed or neutered
187,619 LBS of food and litter donated by PURINA

288 animals rescued amidst COVID-19
927 cats and dogs in foster homes
21 Pets and Vets service dogs graduated
54 future service dogs placed with veterans

HAPPY TAILS

We love updates on our former shelter animals! From holiday photos with your dog to the hilarious, new position your cat has been napping in, we want to see it all! Visit arflife.org/help/story to submit photos and tell your ARF alum’s tale.

“At that moment, I knew we were meant to be.”
Stacey, ARF Adopter

“13 years ago, I went [to ARF] with a friend who was looking for a dog. As I stood off to the side, all of these dogs barreled out of the condo, but the last one out slowly walked over to me, sat between my legs, and gave me a big kiss. At that moment, I knew we were meant to be. Since that day we have had so many adventures together, we met her now dad, I got married, and now she has two little brothers. Everyone that meets her adores her; she is the sweetest dog.” — Stacey

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Stacey, ARF Adopter

“Mia is the perfect fit for our family. She has had a positive influence on my entire family’s life.” — Clayton

Mia (arf’s Denali)

“Dante greeted us with a big smile. When they went to put him back [in his condo], he refused to leave, staying seated right in between us. We absolutely love him! He’s wonderful with kids and gets along with every dog. So thankful to ARF for giving us this ball of love” — Tara

Dante (arf’s Jason)

“At that moment, I knew we were meant to be.”
Stacey, ARF Adopter

“It was 2017, my cat passed away and my heart was broken. Until I walked into ARF and met Gorgeous! In the beginning, he hid under a bookcase for a week. I could tell he had very little trust toward humans. But now he purrs, plays, and follows me around the house. He completely transformed!” — Maggie

Molly (arf’s Peggy Jean)

“Skywalker was the kitty for me when he started playing fetch. I love cats with funny, dog-like personalities. He has been the best buddy I could ever ask for. Also, he’s gotten bigger and fluffier over time! He’s really transformed into my little lion!” — Kat

Skywalker (arf’s Royalty)
If you’re 70½ or older, help save lives while reducing your taxes. Make a gift directly from your IRA to ARF, and help more animals find new, loving homes.

Learn more at arflegacy.org.